

## Fuse Research Programme Meeting

### *Showcasing Regional Innovations in Preparation for Surgery: Improving Patient Experience, Health Outcomes and Efficiencies*

**Thursday 9 September 2021, 09:00 – 12:00**

**Chris Snowden** - Chris trained and graduated in Newcastle upon Tyne and became a Consultant Anaesthetist at The Freeman Hospital in 1997. His clinical interests are in: High-risk surgery: Preoperative Assessment: Perioperative Habilitation: Cardiopulmonary Exercise Testing: Perioperative Research interests include alcohol cessation, behavioural interventions and Exercise training. Chris's overall work program aims to promote the transformation of the anaesthetist into the broader base of a perioperative specialist.

**Rhiannon Hackett** - Rhiannon is a Consultant Anaesthetist at South Tees Hospitals NHS Foundation Trust, with an interest in perioperative medicine and prehabilitation for major surgery. She has been a key part of the PREP-WELL team from the development stage and has delivered clinical elements, including patient recruitment and medical support. Rhiannon will be the clinical lead for the new orthopaedic pathway.

**Paul Baker** Paul is a Consultant Orthopaedic Surgeon and the current Director for Research and Innovation at South Tees Hospital NHS Trust. He is the current Royal College of Surgeons lead for Orthopaedic research.

**Leah Avery** Leah is a Health Psychologist and an Associate Professor in Applied Health Psychology at Teesside University. Her expertise is in the development and evaluation of health behaviour change interventions.

**Rhona Sinclair** - Rhona is a research active Consultant Anaesthetist at the Royal Victoria Infirmary, Newcastle. Her latest MD student and the team have been investigating exercise interventions in oesophagogastric cancer patients during chemotherapy

**Mackenzie Fong** – Mackenzie originally trained as a dietitian, Mackenzie has worked in health research for around ten years and is currently a Research Fellow in Prevention, Early Intervention and Behaviour Change at the National Institute for Health Research Applied Research Collaboration (ARC) North East and North Cumbria (NENC). Her main interest is evaluating interventions and policies for obesity prevention and management.

**Edward Kunonga** - Edward is a passionate public health leader. He is currently working as Director for Population health management at NECS and a public health consultant at CDDFT and TEWV. He previously worked as joint director of public health for Middlesbrough and Redcar and Cleveland Councils.

**James Durrand** - James is a trainee in Anaesthesia and Intensive Care medicine and is studying for a PhD focused on remotely supervised prehabilitation prior to major surgery at Northumbria University.

**Jo Gray** – Jo is an experienced health economist with special interests in economic evaluation of health & social care interventions and priority setting methods to help underpin commissioning processes.

**Neil O'Brien** - Neil is the Chief Clinical Officer/Accountable Officer for the three CCG's in County Durham, Sunderland and South Tyneside. He has been a local GP in Chester-le-Street for over 20 years. He has developed a special interest in cardiology and has previously worked as a GP with special interest in this area. Neil is a practicing clinician, which strengthens his influence with local practices and other clinicians and is a member of the Integrated Care System (ICS) Management Group representing the needs of local populations at the North East and North Cumbria ICS.