

**Peer research: sharing best practice and developing a community of practice**

*Wednesday 18<sup>th</sup> January 2023, 11am-3pm, Gala Theatre, Durham, DH1 1WA*

**Draft programme**

Time	Activity
11.00-11.15	<p><b>Welcome and introductions</b></p> <ul style="list-style-type: none"> <li>Felicity Shenton, Public Involvement &amp; Community Engagement Manager, National Institute for Health and Care Research (NIHR) Applied Research Collaboration (ARC) North East and North Cumbria</li> <li>Peter van der Graaf, AskFuse Research Manager, Northumbria University</li> </ul>
11.15-12.30	<p><b>Spaces of good practice in peer research</b></p> <ul style="list-style-type: none"> <li>Matthew Williams, Newcastle University – Peer research on men’s mental health: BoroughManCan</li> <li>Zoe Collier, NIHR Applied Research Collaboration (ARC) North East and North Cumbria Young People’s Advisory Network – Peer research in Autism research</li> <li>Connected Voice Haref - Peer research on mental health in ethnically minoritised communities</li> <li>Jenny Gillespie, NHS Tayside - Peer research in a whole systems approach to child healthy weight in Dundee</li> <li>Jo Smith &amp; Emma Giles, Teesside University - Peer research on food insecurity in adults with Severe Mental Illness (SMI) living in Northern England</li> </ul>
12.30-13.00	Networking lunch
13.00-13.45	<p><b>Examples of peer research training and resources</b></p> <ul style="list-style-type: none"> <li>Karen Morris &amp; Rhona MacLeod, University of Cumbria/ Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust</li> <li>Dave McCreedy, Peer Action Collective</li> <li>Ang Broadbridge, Ways to Wellness</li> </ul>
13.45-14.30	<b>Table discussions using Thinking Hats to identify key elements and gaps of peer research in the North East and North Cumbria</b>
14.30-14.45	<b>Feedback from table discussions:</b> suggestions for improving peer research in the region
14.45-15.00	<p><b>Agreeing next steps</b></p> <ul style="list-style-type: none"> <li>Peter van der Graaf</li> </ul> <p><b>Launch of NENC Peer Research Community of Practice</b></p> <ul style="list-style-type: none"> <li>Felicity Shenton</li> </ul>
15.00	Close of event