

## Fuse Physical Activity Workshop (online)

Wednesday 25<sup>th</sup> January 2023, 10am-12pm

### PROGRAMME

10.00-10.05am	<p><b>Welcome and introductions</b> Associate Professor Miki Vasiljevic, Department of Psychology, Durham University</p>
10.05-10.10am	<p><b>Future Topics for Fuse PAW</b> Scott Lloyd, Public Health South Tees and Newcastle University</p>
10.10- 10.35am	<p><b>Keynote speaker</b> Dr Lewis Elliott, Environment and Human Health at the European Centre for Environment and Human Health (ECEHH), University of Exeter  ‘The role of nature in increasing physical activity, improving health and reducing inequalities’</p>
10.35- 10.50am  10.50-11.05am	<p><b>Practical experiences of working with communities around accessing green space</b> – Lauren Perkin and Jen Berger, You’ve Got This  Questions  <i>Chair: Dr Natalie Connor, Teesside University</i></p>
<b>11.05-11.10am</b>	<b>Comfort break</b>
11.10-11.45am	<p>Four workshops to choose from:</p> <ol style="list-style-type: none"> <li>1) Green social prescribing for young people in the North East &amp; North Cumbria – <i>Catherine El Zerbi and Charley McFarlane-Troy, Researchers in the NIHR Applied Research Collaboration North East &amp; North Cumbria, Newcastle University</i></li> <li>2) Addressing the major health needs of coastal communities – <i>Dr Natalie Connor and Scott Lloyd</i></li> <li>3) Community asset approaches to encouraging use of outdoor spaces – <i>Alison Innerd, Teesside University and David Archer, Sunderland University</i></li> <li>4) How physical activity is being encouraged in schools outside of PE and play time – <i>Jo Appleby and Helen Cheetham, Oases</i></li> </ol> <p><i>Workshops to be facilitated by Fuse PAW core team</i></p>
11.45- 11.55am	Feedback from workshops
11.55 -12 noon	Summary and close – Associate Professor Miki Vasiljevic